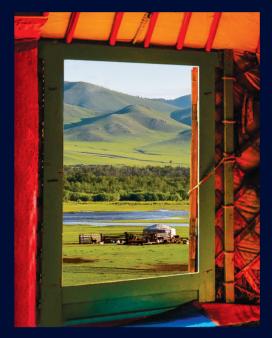
# YOUR PASSPORT TO





WELCOME TO MONGOLIA

#### HIS EXCELLENCY HON. TSERENBAT NAMSRAI

MEMBER OF PARLIAMENT MINISTER FOR ENVIRONMENT AND TOURISM OF MONGOLIA

#### M@NGOLIA

The impressive history and rich traditions are what makes Mongolia unique and captivating to the world Over 2200 years ago our ancestors, the Hunnu Empire laid the foundation of the first statehood that in 13th century grew into the largest landmass empire in the world under the ruling of Chinggis Khaan whose legacy continues on until today. Throughout history Mongolians maintained an open-door foreign policy, promoted free trade, developed diplomacy and cooperation, exercised religious tolerance that all had been embedded in the rule of law All of these without a doubt have contributed to the solidarity and progress of humanity and had been recorded in the world history. We have rich history, simple yet great secrets, and wonderful things to offer. Nomads of the great steppe have been living in close bond with nature, and their love for nature is reflected in their millennia-old customs and traditions passed down from generation to generation. Land of blue sky, land of the steppes, land of the nomads. land of rich history and culture. homeland of Chinggis Khaan.... Mongolia has been defined by different names

Today Mongolia is developing into a modern society or 21st century in step with the rest of the world Three million Mongolians continue to write their history by making new success stories and putting Mongolia on the world map. Mongolia is breathtaking in her pristine lakes, valleys of flower carpets, mountain peaks hidden in the clouds. Gobi as if of different planet, petroglyphs telling millennia-old stories. remnants of ancient cities and temples like scattered pearls. livestock grazing in the open. beautiful flora and fauna, and many more. Most importantly where peace-loving, open-minded, and hospitable people live in tune with dynamics of the rest of the world. I cordially invite you to visit my country and discover for yourself the secrets to a nomadic happiness by getting acquainted with the way of life, hospitable people, gallop across the wide open steppes on the fastest steed, gaze at the countless bright stars at night and lose yourself in the quiet still. Life is full of discoveries. I wish and hope that my country will become the most exciting discovery of your life.

Welcome to Mongolia, home to nomads. 

#### MONGOLIA TOURISM

Nomadic culture and tradition is the unique selling point of Mongolia Inherited from our ancestors. Therefore, the official slogan of our tourism sector is "Mongolia, Nomadic by Nature". The slogan represents the origin of nomadic culture and beautiful landscapes we offer for the world. We offer the nomadic lifestyle as it was in the Silk Road times to the travelers around the world and offer an experience to escape from their own everyday life regime to once in a lifetime experience.

Besides such unique experience, Mongolia offers metropolitan city lifestyle, adventure tourism in western region, paleontology findings in Gobi region, heritage and historical tourism in eastern region of Mongolia.

Normadic, by Nature



For the tourists already have decided to travel to Mongolia, the Government of Mongolia takes several actions on safety measurements, service quality, providing transparent and efficient information, navigation and mapping system, in order to give once in a lifetime, unforgettable positive experience.

For an instance, this year the Ministry of Environment and tourism is working towards improving hospitality and service industry standards to international standard by conducting service training for tourism industry stakeholders. Conducting trainings and developing SOP would give insights about main markets distinctions and how we can develop products and service for the tourists.

In addition, providing quality services mixed with the traditional approach and offering nomadic cultural experience and products would not only attract first time travelers and repeated travelers, it would raise the value of Mongolia. The clay from the former shores, hills, and soil of the Cretaceous period look like they are on fire during sunrise and sunset. You may feel like you are on a different planet. Really though, youfre in the Mongolian Gobi Desert.

Dinosaur fossils from millions of years ago still remain here. Most are small and often hidden by Saxaul forests, which are ubiquitous with the Gobi, so you may pass them by without noticing. Desert plants, dry but capable of coming to life in an overnight rain, are also unique to the Gobi.

Though the golden sand won't remember your steps once the wind blows, the footprint of the Gobi desert will stay in your heart forever.





### WE ARE NOMADS ALONG THE SILK ROAD

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REAL PARTY COME SUSPECTION

There are many stories of tourists being overwhelmed by the unreserved and open-hearted hospitality of the people who are maybe best known for once dominating half of the world. However, if you look deeper into their spirit, you will witness how strong, stern nomadic men can be moved to tears by their race horses rushing to a finish line. How they sing and play music for a mother camel that has rejected her calf until she accepts it once more. How women sing to their domestic animals to calm them while milking them.

It is astounding how the tough, rustic Mongolian nomads - who survive such harsh climates - show tender care towards animals, plants, and each other. Have you heard of any other people who have designed their boots with soft, wide, curved soles to avoid hurting seedlings? These are secrets hidden deep inside the simplicity of their lives.



///annuals.tribe.handwriting

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## YOUR PASSPORT TO MONGOLIA

#### ATTRACTIONS AND SIGHTS

Mongolia, the land of diversity and home to Nomadic culture, stunningly beautiful and mostly untouched nomadic lands.

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Nomadic, by Nature

## ADVENTURE

Mongolia is a land of adventure and excitement. Different experience blend to make this country a Must-visit

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Imagine a land where Genghis Khan once roamed with his Mongol empire at his side on horsebacks. Exploring, discovering and conquering new lands, it is sure they had much adventure. What if you could experience even the tiniest glimpse of it?

Now known for its nomadic way of life and untouched, majestic landscapes, there is plenty of adventure to be had in modern Mongolia.

Horse and camel riding, trekking, hiking, kayaking and mountain biking are just some of adventure activities travelers can experience in even the remotest part of the country.

If these do not suit your style, there are still all kinds of soft adventures waiting at every corner as you visit and live with the locals.





#### SPORTS

Mongolia offers a variety of sports and sporting facilities that meet international standards

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Visit Mongolia and drive the vehicle of your choice and feel the wilderness of Mongolia.

Board sports can be offered in winter and summer. Snowboarding to sandboarding will boost your excitement.

If you love trekking and cycling, there are many locations of your taste from steppe, mountainous area crossing to sand dunes.







#### HERITAGE

Mongolia is a land of adventure and excitement. Different experience blend to make this country a Must-visit.

Erdene Zuu Monastery inscribed on the UNESCO World Heritage List in the category "cultural landspace of Orkhon Valley".

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Nomadic, by Nature

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The epic mindset of nomads was reconsidered with the discovery of a 1500 year old angular Altai harp inside the tomb of a warrior. Mongolian epics are songs that are considered to be the living encyclopedia of the country. Singers perform songs that are hundreds to thousands. of lines long while playing an instrument. It is inspiring to imagine, 1500 years ago, a man dropping his weapon and singing about peace while playing a harp he crafted with his own hands. The ancient drawings and runic inscriptions carved on the harp make it even more impressive.

Some short epics can be sung within a night, while others are sung over many nights. Mongolian epics are listed on UNESCO's Intangible Cultural Heritage List for their spirit of original religious beliefs and expression of the mythological thinking and literature of nomads. It is estimated that no more than 20 epic singers are alive today.

## NOMADIC CULTURE

There are many stories of tourists being overwhelmed by the unreserved and open-hearted hospitality of the people who are maybe best known for once dominating half of the world. However, if you look deeper into their spirit, you will witness how strong, stern nomadic men can be moved to tears by their race horses rushing to a finish line.

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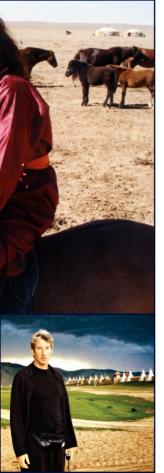
With an open mind and a knack for adventure, Mongolia is a destination built just for families with kids.

Almost everything that can be done is family-friendly and safe for children. Highlight activities include staying in a Ger, going horseback riding, visiting natural museums, hiking up sand dunes and even (attempt) hunting for dinosaur eggs in the canyons.

There is literally nothing like being in out in the wide-open spaces filled with natural beauties and experiencing the slow life. If that is an ideal vacation for your family, then look no further than Mongolia.







These days more and more travelers are seeking authentic experiences. Nothing speaks more authentic than those tours and experiences created by the locals or the communities that they reside in. Mongolia sees the potential in this.

With our history and culture imbued in a nomad lifestyle, we are focusing more on tourist attractions that reflect on that. Increasing amount of herder families also realize this and of fer activities and experiences that focus on their core value.

From guided treks and herding activities to living with nomadic families to even building local products, the opportunities are ever growing. Community based tourism not only enriches the experiences of travelers but also gives back to the communities, empowering them to sustain their livelihoods.

#### ///breeder.suffer.unduly

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#### WINTER

Although people prefer to visit Mongolia in warmer season, winter months are exceptionally beautiful time to explore exciting advertures

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Winter tourism in Mongolia

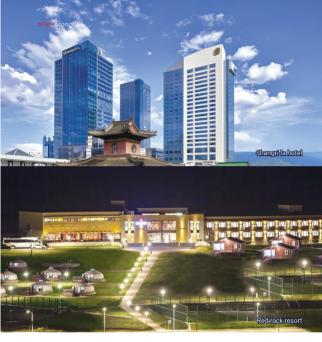






### ACCOMMODATION

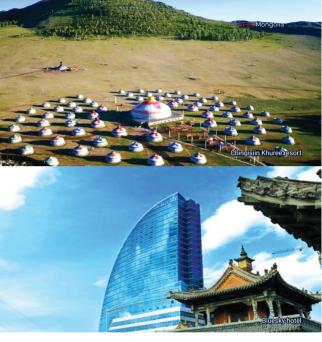
Many years ago Mongolians believed that if they surrounded their homes with fences, they would lose their freedom, and if they built their homes with stones, they would lose their connection to nature. No matter where you are in Mongolia - from the high mountains in the west to the hot sand of the Gobi in the south - you will come across a ger of a nomadic family. They will welcome you with hot milk tea and a warm bed. And the next time you travel along the same road, they will probably have moved to another place.



From nomadic ger to luxurious chain hotels Mongolia offers various of accommodation.

Shangri-la hotel - 7702 9999 ///outsmart.tour.towel Corporate hotel & Convention Center - 7000 2030 ///presuming.bins.mixer Kempinski Hotel - 11 463463 ///roadways.lovely.respond

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Holiday Inn Hotel - 7014 2424 ///passenger.books.blotting Bluesky hotel - 7010 0505 ///device.jetliner.howler Novotel hotel - 7010 1188 ///happy.amaze.dialects Bayangol hotel - 11 312255 ///motion.eyeliner.posting Best western premier Tuushin hotel - 11 323162 ///froze.drifting.launcher



# FESTIVALS

The traditional festivals and events show the authentic Mongolian traditional culture

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Festivals are a huge part of our culture and traditions passed down through our ancestors.

Revolving around food festivities, ceremonial customs, horse and camel races, wrestling, archery and even animal hunting, there is a festival for all to experience.

Do not miss iconic events such as the Naadam Festival, Khovsgol Ice Festival, Gobi Camel Festival and the Eagle Festival and Winter horse Festival







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Nomadic: by Nature

### **ULAANBAATAR CITY**

Modern metropolitan city with a million citizens Cosmopolitan dynamic, traditional but young a globalized capital with its door wide open to the world

# ULAANBAATAR NIGHTLIFE

///idealist.sang.volcano

When the sun goes down and all the lights are lit up at night, the city has a different energy. Ulaanbatar has a great metropolitan feeling with sophisticated modern bars, pubs, clubs and hangouts around the city. The city's most prominent evening places are found near the trade streets and the main Peace and Chinggis Avenues. Start at Sukhbaatar square, where the Parliament building presides. surrounded by iconic 20th century buildings such as the Opera House and the Stock Exchange building. On the west side of the square, you will find the "Broadway" Restaurant. where every Saturday, it hosts live music complimented by Irish. French and English cuisine and desserts. At the "Black Pear" Restaurant you can listen to live piano music during the week days. The "Downtown" Restaurant found within just 8-9 minutes walking distance, hosts more live music every Friday. The restaurant's wide, tall windows let you watch the evening lights of the city while enjoying a cold beer. If you walk to the right within another 5-10 minutes walking distance, vou will find "Ikh Mongol" pub and restaurant. Frequently bursting with a live music band, it's one of the popular hang out places for international visitors. If you are looking for a newer venue, check out recently opened and spacious "Skywalker" pub located on the first floor of Shangri-La Ulaanbaatar.

#FeelMongolia

#### ///ballparks.ankle.dozens

There are many other fun places if you venture to the outer ring of the city. For example, on the western side of the town, places like "Stadium", "Flamingo" and "Slade" also host live music bands and are relatively less costly. If you are looking for a quiet environment and a superb view, you can check out the sky lounges at Best Western Premier Tuushin, Blue Sky and Shangri-La hotels. Enjoying the night view of the city from up above with your friends or a loved one is an unforgettable experience.



Speaking of clubs, Ulaanbaatar is never short of any, as there appears to be a new club on every corner.

One of the closest ones from the central square is called "VLVT lounge".

Everyday, the club has a new theme and program, never letting down the party goers.

Another popular one is called MINT night club, which not far away from Sukhbaatar square.

More traditional clubs that cater to all ages are The New Amrita Night Club, Face Club, Studio, River Sounds, Temple, ZU, CLUB24, LUX, Centro, Iloft, Lux Club, and Castle. #FeelMongolia



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### SHOPPING

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From high end luxuries brand to local handmade products, you can fulfil your need and want.

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#### Wool and Cashmere products

Without a doubt, some of the most popular and original Mongolian goods are socks, sweaters and scarves made with wool from sheep, camel and yak hair and cashmere from goats. Mongolia is the second largest producer of cashmere after China. There are several outlets such as Gobi and Goyo that sell a rich variety of goods in the city.

Morin Khuur Horse headed fiddle

Mongolia has a rich heritage of performing art and musical instruments. The most original of the instruments, purely a Mongolian invention, is Morin Khuur or "horse headed fiddle". If you would like to try learning to play one or just looking for a meaningful gift for that person, this might fit. Make sure you ask for a store that sells real playing instrument, not just a replica.





Popular Shopping outlets:

Shangri-La Mall .Ulaanbaatar Mon-Sun 10:00-22:00 ///idealist.sang.volcano State department store Mon-Sun 10:00-22:00 ///cheek.eternally.card Galleria Ulaanbaatar Mon-Sun 09:00-22:00 ///comic.ports.exporters Gobi Cashmere factory store Mon-Sun 10:00-21:00 ///pounces.acid.allowable Ulaanbaatar department store Mon-Sun 10:00-22:00 ///gualify.plenty.alongside Max-mall shopping mall Mon-Sun 10:00-21:00 ///powering.cabbies.profited Central tower Mon-Sun 11:00-21:00 ///sued.monopoly.printouts Polaris department store Mon-Sun 10:00-19:00 ///charts.cheeks.reading Khanburgedei department store Mon-Sat 10:30-21:00 Sunday 11:00-20:00 ///breezy.munch.suspends

# DINING

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#### SEVEN MONGOLIAN FOOD NOT TO MISS

The majority of Mongolian traditional cuisine is meat based. This is because meat was and is the perfect source of protein for herder- Mongols during the harsh weather. The majority of people living in Ulaanbaatar are now settled in cities and towns, but meat still makes up the main source of their diet.

#### 1 KHORKHOG (AUTHENTIC MONGOLIAN BARBEQUE)

Real Mongolian barbecue is known as khorkhog and is a staple across the vast reaches of this country. It is usually made with mutton, which is cooked inside a pot containing burning rocks heated in an open fire. Vegetables are added to make a stew and the flavors are left to blend for several hours.

#### 2 BOODOG: (GOAT OR MARMOT BARBECUE)

As with Khorkhog, Boodog is an example of Mongolian barbecue which also uses hot stones as a cooking method, but in this case the hot stones are not placed inside a pot, but are actually inserted into the carcass itself. The dish is usually made with either a young goat or more often a marmot, which is stuffed with heated rocks and a variety of vegetables and spices. It is then simultaneously heated from the outside, either on a barbecue or with a blowtorch to ensure it is cooked through and to burn off the animal's fur.

#### 3 BUUZ AND BANSH: MONGOLIAN DUMPLINGS

Dumplings are found on dinner tables throughout Mongolia and these small doughy packages of mutton or beef reveal the connection between this isolated country and their Chinese neighbors to the south. Mongolian dumplings are distinctly different from those found in Chinese Dim Sum since they are made from a typically hardy dough and are often fried. Buuz is the general name for dumplings. The name is used by a wide variety of restaurants throughout Ulaanbaatar in which these boiled or steamed, meat-filled dumplings are served. Bansh is a smaller version of these dumplings.

#### 4 KHUUSHUUR: FRIED MEAT PIE

A local favorite, khuushuur is a popular lunch food like Buuz. It is made in a similar way like buuz except when the dough is stuffed with meat, it is flattened by hand, about one cm thick. Khuushuur is then deep fried in oil and are served like pancakes. It is believed that a good Mongolian chef can be judged by his or her skill in making khuushuur.

#### 5 DAIRY FOOD AND DRINKS: AIRAG AND DRIED CURDS

There is no dispute that Mongolia is a country of dairy products. If meat is the main food item, milk is the main source of drink. Dairy products are often consumed as health food and road snacks. Milk and meat are the pillars of Mongolian cuisine. The national drink of the country is called airag, mare's fermented milk. Airags are produced beginning in June and consumed throughout the summer months in most parts of the city. It is rich with vitamins and nutrition and also used as part of a healthy diet. Over the years, Mongolian nomads have developed a number of unique dairy products, which are made in traditional ways and include different types of yoghurt, cottage cheese, dried curds and fermented dairy products. Mongolian dairy products are rich with protein, carbohydrates, fat and essential minerals.



### ABOUT MONGOLIA

#### Location

Mongolia is located in East Asia and is bordered to Russia to the north and China to the south. The country covers 1.566.000km<sup>2</sup> and has a population of approximately 3 million people.

#### Electricity

In Mongolia the power plugs and sockets are of type C and E. The standard voltage is 220 V and the standard frequency is 50 Hz.

#### Operating hours

Generally, operating hours for most shops are between 10:00am to 09:00pm and from Monday through Sunday. Bazaars are generally closed on Monday.



#### Time

UTC+8 all year round. Mongolia maintains an almost constant 12 hours of daylight.

#### Hospitals and doctors

A board selection of highly qualified doctors, surgeons and dentists are available. Most hotels and lodges have resident medical staffs.

#### Religions

Major religions include Buddhism, Shaman, Christianity, Islam and indigenous religions.

#### Language

The Mongolian language is the official language of Mongolia.

#### Emergency numbers

Country code: +976 Firefight - 101 Police - 102 Tourist police - 93021124 Ambulance - 103 Tourist info center - 19001932

#### Climate

In Mongolia, the climate is strongly continental, with long, frigid winters and short, warm summers. The temperature range between winter and summer is definitely wide.

#### Currency

The official currency is the Mongolian tughrik with written abbreviations as MNT. Foreign currency can be changed at banks, hotels and airport.

#### Credit card

All major international credit cards are accepted by many hotels, travels agencies, malls, companies and restaurants throughout the Country.

#### Taxis and major airports

For simple, secure and efficient airport transportation service, airport cabs are available for you 24 hours a day. You may negotiate preferred fares with your driver.

#### Internet

Mongolia has many reliable internet service providers and internet service is readily available in remote areas. Many hotels and lodges have Wi-Fi and most towns offer private business centers and cyber cafes.

#### Post office

Mongolia has good postal service for both local and international post. Operating hours are 08:00am to 08:00pm weekdays and 09:00am to 08:00pm on Saturday and Sunday. Stamps can be purchased at post office.

#### What to bring

Casual, lightweight and comfortable clothing and footwear is advisable. You may need a jacket or sweater for cooler evenings or for any time spent in the highlands.



#### Public Holidays

1 Jan	New Year's Day
5 Feb to 7 Feb	Lunar New Year
8 Mar	International Women's Day
1 Jun	Children's Day
11 Jul - 15 Jul	Naadam Festival
26 Nov	Republic Day
27 Nov	Chinggis Khaan's Birthday
29 Dec	Independence Day

#### Local customs

Always receive objects with your right hand. Keep your palm facing up when holding cups and accepting things.

Always accept gifts. Always take a bite or a nibble of offered food, even if you're not hungry.

Always sleep with your feet pointing toward the door to the room.

If your host asks where you are from, where you are going and other questions, always offer an answer. Not replying is considered rude.

Never point at anyone with your index finger. Use your whole palm instead.

Never lean on a support column or ger wall.

Never turn your back to an altar unless you're leaving the room.

Never leave your coat and other warm items like gloves on while eating. To Mongolians, this signifies that you think they aren't providing adequate warmth in their home.

#### Hospitals in Ulaanbaatar

Intermed Hospital Time: 24 hours Cell: 77000103 ///highlight.comic.equity

SOS Medica Mongolia Hospital

Time: 24 hours

Cell: 11-464325

///sizing.envoy.sounds

UB Songdo Hospital Time: 08:30am - 17:30pm Cell: 70111163 ///slurred.email.pioneered





#### What is ///?

The /// followed by words like ///scholastic.canoeing.arriving is a 3 word address.

It's a simple way to pinpoint locations. accurate to a 3x3m square.

To find the exact spot, download the free what3words app and click the navigate button

It's available in 36 different languages. It's easier than street names in a city you don't know

#### How to search and save the 3 word address, and navigate to it?

To use what3words, enter 3 word addresses, found in this passport. of the area you want to visit. The system even works offline.



#### Open the what3words app and tap Q to enter the 3 word address



#### Choose the correct 3 word address from auto-suggested results.

w3w.co/iOS 🛱 w3w.co/Android



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#Feel

# UNFORGETABLE

Deep earthy undertones with light sounds of the ens above and a constant forward driving rhythms of the nature.

Mongolia, a land like its music

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Please use **#FeelMongolia** to share your unforgettable memories to your social posts



www.mongolia.travel